

DEVELOPING RESILIENCE FOR YOUR LIFE AND CAREER

A Group for Self-defined 'Newer' Interpreters

Exploring Personal Development as a Professional Skill

- Are you experiencing the "post-graduation freak out?"
- Do you want to explore how unconventional strengths positively impact your work?
- Are you interested in expanding your supportive professional network?
- Do you strive to bring your whole self to the work that you do?

If you recognize yourself in any of the above questions, this group is for you!

Arlyn Anderson and Jenn Welna will be co-leading this creative support and consultation group. We will focus on building resilience and professional and personal flexibility for your whole career.

- Meetings will be held every other Tuesday night
- October 28th, 2014 – January 20th, 2015
- 6:30-8:30 PM
- Comfortable South Minneapolis location
- Cost: \$199 (early bird rate – before October 7th)
\$220 (regular rate – sliding scale)

Schedule a brief conversation
with Arlyn :
www.meetme.so/arlynanderson
or
write Jenn at jennwelna@gmail.com

Because we want everyone to get real value, we ask members to commit to:

- Attending bi-monthly group meetings
- Creating a safe, confidential and respectful space
- A fierce commitment to celebrating and supporting your peers
- Showing up with curiosity, willingness and an open mind
- Trying on different perspectives
- Co-creating a dynamic group experience

We designed this group based on principles of life coaching, transformational neuroscience, professional studies and a belief that our lives and work naturally improve when we develop trusting, supportive, safe professional networks.



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Please act soon. Space is limited.